



Encompass 2009

Morning Workshop Sessions – 10:45am – noon

Emotional Intelligence: the foundation of social emotional literacy ROOM 200

Presenter(s): Sherri Rebman and Roxanne Jones (Delta School District)

Audience: K-7

Description:

This workshop will provide teachers with an overview of emotional intelligence and its relationship to social emotional literacy. This will entail learning about managing one's emotions, motivating oneself, recognizing emotions in others and handling relationships.

Teaching Students to Compete in a Positive Way through Intramurals Room 202

Presenter(s): Tammy Ferdinandi and Suzanne Bonnet (Coquitlam School District)

Audience: 4-7

Description:

Have you had to intervene in arguments or fights over perceived unfairness during playground games? Research shows that boys are competitive by nature but they don't always learn positive ways to deal with this competitiveness. In this workshop you will learn how children can compete in a positive way through positive coaching and role modeling. We will explain how social responsibility can be integrated into intramurals by downplaying house points, and emphasizing playing with integrity, sportsmanship, fair play, cooperation and respect for others, including team mates, opponents and referees. You will learn how easy it is to set up an intramural program in your own school, try out one game and take home a package that includes four tried and tested four corner intramural games.

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Sticks and Stones Room 213

Presenter(s): Kathleen Patterson (North Vancouver School District)

Audience: 4-7

Description:

Experiences, reflections and resource ideas from our school's journey to try to create a better understanding of inclusion and exclusion, to teach communication and problem solving skills, and to foster empathy and moral courage. Participants will take away some materials and ideas to use in their schools and classrooms.

Defining Social Justice and Responsibility in Secondary School Room 203

Presenter(s): Dani Zagar, George Farkas, Anne Hales (Maple Ridge-Pitt Meadows School District)

Audience: 8-12

Description:

What does social justice pedagogy look like in secondary school? How are secondary schools defining 'social responsibility'? This workshop will explore various ways to engage high school students in the classroom, and within their school and community. We look at one district's efforts to redefine "social responsibility" for itself, coordinating district-wide initiatives to engage students and teachers in a meaningful, sustainable way. Topics: organizing student conferences and public events, integrating social and emotional awareness in the classroom, ideas/sources for funding projects, impact on teaching relationships and personal practice.

Introduction to Tribes – Elementary Room 204

Presenter(s): Vicky Chang, Sandra Sokugawa (Burnaby School District)

Audience: K-7

Description:

Tribes training will assist teachers, administrators, parents, and support staff in developing inclusive, caring communities of learners. Tribe's interactive approach to teaching promotes student's social emotional development, creates the conditions for co-operative learning, and improves academic achievement.



Restorative Practise through Peer Mediation in Schools **Room 303**

Presenter(s): Robert Best, Heather Main, Nicky Spires (Vancouver School District)

Audience: K-12

Description:

This workshop will provide an overview of the history and principles of restorative practise, academic research identifying elements needed for the success of peer mediation programs within schools, and discussion about training and implementation of peer mediation programs at both the secondary and elementary level. The latter discussion re: training and implementation will, depending on the number and interest of participants, divide into two groups numbers so that questions regarding elementary vs. secondary programs may be addressed in greater detail.

Connecting Social and Environmental Justice Room 301

Presenter: Kevin Millsip (Vancouver School District)

Audience: K-12

Description:

We will look at ways to make connections between sustainability issues, climate change and social justice

Facing Up to Cyberbullying Room 210

Presenter: Dr. Danielle M. Law (UBC)

Audience: K-12

Description:

This presentation showcases a number of resources and activities that were developed to help engage teacher, students, and parents in knowing how to intervene, and in feeling socially responsible for preventing Cyberbullying. Specifically, this presentation highlight the hard work and leadership of some of Vancouver's secondary students, who, in collaboration with the Vancouver School Board, wrote, performed, filmed, and produced a DVD for educating intermediate students and parents about this form of bullying. In addition, this presentation will show examples of some of the activities, lessons, and resources, outlined in the accompanying DVD user guide and the Facing Up to Cyberbullying Response Guide.



Preventing Homophobia and Gender Stereotypes in the Elementary Years Room 302

Presenter: Steve Mulligan (Vancouver School District)

Audience: K-7

Description:

Research shows that homophobia starts in elementary school, and by high school is the most commonly heard form of verbal bullying. During the elementary years we have the opportunity to act preventatively, yet many schools are still unsure how to address this issue effectively and appropriately. By simply talking to kids in a developmentally appropriate way using well-chosen resources, we can help students understand that gender is more than “pink or blue” and that gay families and people are part of our world. This session will feature books, videos, posters and strategies to make your school truly inclusive.

Practical Mindfulness Room 208

Presenter: Zofia Higo (Coquitlam School District)

Audience: K-3

Description:

This workshop will present one primary classroom's "transformational experience" as a result of introducing the Mindfulness Education Program (The Hawn Foundation). The program focuses on stress reduction and self awareness in order to reduce anxiety, conflict, and increase attention span. It produces internal benefits for children and creates a positive classroom learning environment. You will leave with many practical examples of how you can integrate ME with existing curriculum (with a focus on Social Emotional Learning), so that SEL becomes embedded in classroom practice and a "way of being" for the students. Note: This session is not a Mindfulness Education Training program.

Sustainability and Healthy Schools - Library

Presenter: Joan Parsonson and students from Burnaby Mountain Secondary

Audience: K-12

Description:

Following a World Cafe model this workshop will create opportunity for dialogue about possibilities and ways of taking theoretical into action. It will offer time for the cross pollinating of ideas and sharing of the urban farm project as but one example or possibility for moving theoretical into action. A student led tour of the school initiatives on food production will follow the workshop.



Sustainability 101: Teaching Environmental Education for Non-Environmental Educators Room 215

Presenter: Elisa Lee (Burnaby School District)

Audience: 8-12

Description:

Interested in environmental education (EE), but not sure how or where to begin? Worried that integrating EE into your teaching will be too much extra work? We will take a look at the Ministry EE document, connect the document to your practice through fun, experiential activities, and provide time to lesson plan integrating EE principles. A list of useful resources will be provided to help you create a culture of sustainability in your classroom.

Mind Matters: A Holistic Approach to Social Responsibility Room 214

Presenter: Quinn Cashion-Vasburgh

Audience: K-12

Description:

By engaging our student's common sense in our day to day interaction, we would naturally help them develop their sense of social responsibility. So how do we do that without adding to our workload? In this workshop we will reflect on what it means to create a culture that increases students' awareness of making healthier choices in life regardless of outside influences as its natural outcome.

Kids in the Know: Keeping our Children Safe - Multi-Purpose Room

Presenter: Noni Classen (Canadian Centre of Child Protection)

Audience: K-8

Description:

Using the Kids In the Know program does not create extra work (who has time for that?) as the program matches up with the curriculum outcomes in the BC Health and Career Education IRP, making it easier to teach those outcomes with ready made lesson plans. You can plan for the year ahead, and see how the KIK lessons match up with provincial outcomes. Also hear about Zoe and Molly online - an internet safety program, CyperTip.ca and Commit to Kids.



Using the Second Step Program to Increase Academic Achievement Room 212

Presenter: Peggy Carey (Committee for Children)

Audience: 6-8

Description:

Learn about the new research-based and teacher-friendly Second Step middle school program which teaches skills to help young adolescents make good choices and stay engaged in school. Topics include avoiding substance abuse, bullying, and cyber bullying; empathy and communication; emotion management and coping skills; and problem solving, decision making and goal setting.

Social/Emotional Learning and Comprehensive Health Promotion in Schools Room 211

Presenter: Art Steinman (SACY Vancouver School Board)

Audience: 4-12

Description:

Data shows that key protective factors establish the likelihood - and severity - of children and youth developing a range of health and social problems. Drawing upon best practices literature and practical lessons learned from three years of implementing a comprehensive, multi-sectoral health promotion initiative (*School Age Children and Youth, Substance Use Prevention*– SACY), participants will explore the protective role of social/emotional learning and positive youth development in promoting health. Research will be discussed regarding what preventive strategies have been shown to be effective and what role each person can play in health promotion. This interactive session will include opportunity for attendees to share their experiences and knowledge.

Ten Steps to Making your Code of Conduct a Success Room 209

Presenter: Heidi Rodgers (Vancouver School District)

Audience: K-12

Description:

We have all heard the stories of schools who have magically transformed using a new Code of Conduct, but how did they do it? This is a practical workshop that focuses on the steps involved in creating and applying a Code of Conduct that can ultimately transform a school's culture.



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Afternoon Workshop Sessions – 1:00pm – 2:15pm

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Using the Second Step Program to Increase Academic Achievement Room 212

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Audience: K-7

Description:

The Second Step program gives educators tools to help children become socially skilled, form healthy relationships and develop strong bonds to school. Students learn how to respond empathically to others, calm down, reduce anger and solve problems. This program is research based and can help to increase students' academic achievement at school.

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Social Responsibility Jeopardy Game Room 213

Presenter(s): Zahara Rawji and Zakkiya Keshani (Coquitlam School District)

Audience: 4-7

Description:

Learn about teaching important aspects of social responsibility in a fun and interactive way!

Introduction to Restitution Room 208

Presenter: David Heard

Audience: K-12

Description:

Restitution Self-Discipline is a positive approach to teaching which works to strengthen relationships. The Restitution approach provides educators with proactive tools to help their students develop into independent, self-evaluative, and compassionate problem solvers. Restitution is based on Control Theory – a theory of internal motivation

What is Social and Emotional Learning?

Library

Presenter: Melody Li

Audience:

Description:

This workshop will focus on Social-Emotional learning in particular for teachers that are interested in the subject to help understand their students that exhibit social-emotional learning needs. Participants will be introduced to the basic fundamentals of understanding SEL and they will also be introduced to new studies in the exploration of SEL. This workshop will end with an opportunity for professionals to have a roundtable discussion about the topic.

Afternoon Workshop Sessions – 1:00pm – 2:15pm



Social Justice 12 Networking Session Room 203

Facilitator: Anne Hales (Maple Ridge-Pitt Meadows School District)

Audience: Social Justice 12 educators (and teachers interested in offering the course in the future)

Description:

Current and prospective teachers of Social Justice 12 are invited to attend this participant driven networking session. Now entering its second year, SJ12 is being offered in a growing number of secondary schools throughout the province. Topics can include: sharing instructional ideas, resource and speaker/field trip information, and discussing challenges and strategies for teaching controversial issues. Bring a lesson, unit, resource or other material to share with others

Running a Gay-Straight Alliance: Creating a Safe Place at Your School Room 302

Presenter: Steve Mulligan (Vancouver School District)

Audience: 8-12

Description:

Research continues to show that in schools with an active Gay/Straight Alliance:

- 1) Homophobic remarks are reduced.
- 2) Students who are gay or unsure feel safer, skip school less and feel a greater sense of belonging.
- 3) Students report greater teacher awareness and discussion about gay and lesbian people in classes.
- 4) Other forms of discrimination are also reduced.

Furthermore:

Across the province 11% of secondary students identified as LGBT or unsure, and 85% of students who reported being called homophobic names identified as straight.

This tells us that homophobia is affecting all kids, not just the LGBT ones.

You can help build this growing network of GSA clubs in BC. This session will provide an opportunity to discuss start-up, strategies, activities, events, and more!

Come find out how you can make a difference without sponsorship taking over your life.

Afternoon Workshop Sessions – 1:00pm – 2:15pm



Introduction to Tribes – Secondary Room 202

Presenter(s): Michelle Slaney-Trovato and Natalie Tuccori (Burnaby School District)

Audience: 8-12

Description:

Tribes training will support teachers, administrators, parents, and support staff in developing inclusive, caring communities of learners. Tribe's interactive approach to teaching promotes student's social emotional development, creates the conditions for co-operative learning, and improves academic achievement.

Restorative Schools Room 204

Presenter: Stephen Morton (Youth Restorative Justice Coordinator, Burnaby RCMP)

Audience: K-12

Description:

Our traditional responses to acting-out behaviours through suspension and punitive procedures have not been effective in addressing the complex issues for at-risk students. This session will share information on the police and school district restorative justice partnership. Mainly, this workshop will demonstrate and discuss ways of working in classrooms, hallways, and in the principal's office to promote socially responsible actions. Hosting peaceful conversations, understanding conflict, and managing difficult situations will be the focus of this interactive workshop.

“We Teach Who We Are” Room 301

Presenter: Rhonda Philpott

Audience: K-12

Description:

This interactive presentation will invite participants to explore/consider the question: “How do your beliefs, values and worldview inform your identity and practice of social justice education?” This workshop will be of interest to any teachers wanting to teach from a social justice perspective.

Afternoon Workshop Sessions – 1:00pm – 2:15pm



Substance Abuse: The Bigger Picture Room 210

Presenter: Brenda Laface (Burnaby School District)

Audience: K-12

Description:

This workshop looks at why people give up their lives and their relationships for the pursuit of a drug. Addiction can never be understood through the lens of moralism and judgement...as a society, it's time to stop asking why the addiction? And start asking why the pain?

It's Still Elementary: Talking About Gay Issues in Schools Room 303

Presenter: Debra Sutherland (Burnaby School District)

Audience: 4-12

Description:

It's Elementary" is a documentary film that brilliantly challenges educators' and parents' assumptions about why and how schools should address lesbian and gay issues with students. Participants will view the film and have an opportunity to discuss how it might inform their own teaching practices and improve their school culture for everyone.

Making Your Classroom a Global Community Room 211

Presenter: Kelly Quinlan (UNICEF BC Education Manager, Global Classrooms)

Audience: 4-7

Description:

This interactive workshop will provide teachers with ready to use resources to take back to the classroom which is matched to grade level curriculum. Topics discussed will include children's rights, global education and social justice issues. You will learn about UNICEF's work abroad and right here in Canada! Make your classroom a global community by participating today!

Afternoon Workshop Sessions – 1:00pm – 2:15pm



Anxiety and Kids: Current Research and Resources **Room 200**

Presenter(s): Sherri Rebman and Roxanne Jones (Delta School District)

Audience: K-7

Description:

This workshop will provide teachers with the latest information on the interrelationship between anxiety and learning and its impact on overall child wellness. It will cover normal feelings of nervousness, how they differ from the debilitating effects of anxiety and anxiety disorders and how anxiety can look in children.

Participants will learn about research into treatments including evidence based cognitive behavioural approaches and come away with tools such as thought stopping, relaxation etc., to help their students develop strategies to cope with anxiety. This workshop will provide resources that can be used in the classroom with all students.

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